

Protecting against HPV

Description

Length: 20 to 30 minutes

This lesson provides information on the burden of illness of the human papillomavirus (HPV) and the prevention strategies to avoid contracting HPV, including vaccination. This is a health promotion lesson that may be included in the active living and health curriculum (depending on the province).

The purpose is to raise the awareness of students on the burden of illness of HPV and to inform students on the strategies that could prevent them from contracting HPV, including vaccination.

Educational element: Health promotion

Expectations and learning outcomes:

(According to provincial curriculum)

- To demonstrate the factors tied to healthy growth and healthy sexuality.
- To provide information on the consequence on health of HPV (burden of illness).
- To provide information on strategies to prevent HPV, including vaccination.
- To analyze the effect of decisions with regards to sexual relations.

NOTE: *This lesson is recommended for students in grades 7, 8, 9, 10 as well as students in grades 11 and 12 in order to improve their comprehension on the health consequences of HPV (burden of illness) and factors linked to a healthy sexuality.*

Resources for educators

- Information tool kit for educators (PDF).
- Information on HPV, the burden of illness and prevention strategies on the HPV web site, developed by the Society of Obstetricians and Gynaecologists - www.hpvinfosite.ca.

The lesson scenario

A - Introduction

Lead a discussion on:

- Information on HPV (see appendix A of information tool kit)
- Burden of illness (see appendix B of information tool kit)
- Screening of HPV (see appendix C of information tool kit)
- Prevention of HPV and vaccination (see appendix D of information tool kit)



B - Investigation / Exploration / Staging

To ensure students retain the information, encourage students to work in teams for a brainstorming session.

Heterogeneous class

- Ask students to form groups of four, two girls, two boys
- From the knowledge acquired in previous lessons on HPV, ask student to develop
- A list of health consequences of HPV specific to girls and a list of health consequences specific to boys.
- A list of prevention strategies for girls and a list of prevention strategies for boys.
- Lead a discussion on the responses provided by students and create a table from the responses obtained relative to the health consequences of HPV and the prevention strategies.
- The educator probes the students and with their help develops a comprehensive list of health consequences specific to girls and boys, and the consequences that are common to both boys and girls.
- The educator probes the students and with their help develops a comprehensive list of prevention strategies specific to girls and boys, and a list of prevention strategies that is common to both boys and girls.
- The educator shares with the students the information with regards to the burden of illness of HPV that is specific to girls, specific to boys, and to both girls and boys.

A class of girls only

- Ask students to form groups of four girls.
- From the knowledge acquired in previous lessons on HPV, ask students to develop
- A list of health consequences of HPV specific to girls.
- A list of prevention strategies for girls.
- Lead a discussion on the responses provided by students and create a table from the responses obtained relative to the health consequences of HPV and the prevention strategies.
- The educator probes the students and with their help develops a comprehensive list of health consequences from HPV.
- The educator probes the students and with their help develops a comprehensive list of prevention strategies for girls, including vaccination.
- The educator shares with the students the information with regards to the burden of illness of HPV and the prevention strategies, including vaccination.



A class of boys only

- Ask students to form groups of four boys
- From the knowledge acquired in previous lessons on HPV, ask students to develop
- A list of health consequences of HPV specific to boys.
- A list of prevention strategies for girls and a list of prevention strategies for boys.
- Lead a discussion on the responses provided by students and create a table from the responses obtained relative to the health consequences of HPV and the prevention strategies.
- The educator probes the students and with their help develops a comprehensive list of health consequences specific to boys.
- The educator probes the students and with their help develops a comprehensive list of prevention strategies specific to boys.
- The educator shares with the students the information with regards to the burden of illness of HPV and the prevention strategies specific to boys.

C – Conclusion

The educator provides a synthesis on the burden of illness of HPV and the prevention strategies, including vaccination.

D - Additional activities / Follow-ups

- Invite students to discuss and share information with their parents on the burden of illness of HPV and the prevention strategies, including vaccination, using the web site www.HPVinfo.ca.
- Invite students to discuss vaccination with the school nurse.

We hope that the activities and teaching tools in this lesson plan are useful in the classroom. We welcome your feedback and any ideas you might have for additional teacher resources. Contact us at jscrivener@sogc.com.

