

Activity plan: Health promotion - Human papillomavirus

Description

Length: 20 to 30 minutes

This activity plan introduces the human papillomavirus (HPV) and can be implemented in a group setting. The participants will gain knowledge on HPV and the information will raise their awareness on the consequences of certain types of HPV.

Learning outcomes

As a result of these activities, participants will:

- Have improved comprehension on HPV factors within the context of healthy sexuality.
- Be able to evaluate the consequences of actions with regards to HPV on the individual, on friends and the family
- Demonstrate understanding of the factors of a healthy sexuality (with regards to HPV)

Planning Notes

- Before the activity, you may ask the participants to explore documents, brochures (can be ordered on-line from the Web site on HPV - www.hpvinfosite.ca)
- Develop a pre-test on the subject of HPV (pre-test is suggested in next section)
- Reserve a computer room or check the availability of a resource centre to allow participants to research the topic of HPV.
- Establish the evaluation criteria and the components of the research to be done by the student (evaluation criteria are suggested below).
- Develop a written test as an evaluation tool on the knowledge acquired.

Suggested activities

- Lead a discussion on the link between sexuality and on growing up healthy.
- After consulting the web site on HPV (www.hpvinfosite.ca), distribute the following pre-test on the facts on HPV.
 1. What does the abbreviation HPV mean?
 2. What is the difference between HPV and the other sexually transmitted infections?
 3. How is HPV transmitted?
 4. What are the symptoms?
 5. How do you prevent HPV?
 6. What is a Pap test?
 7. What is the link between HPV and cancer?
- Ask the participants to work in teams to compare their answers on the pre-test.



Complementary activities

- Ask each team to present one aspect of HPV that surprised them.
- Lead a discussion on the responses provided by participants.
- Using targeted questions, let participant discover facts on HPV.
- Present the facts by using the HPV Powerpoint presentation.
- Invite participants to discuss the topic of prevention of HPV using the various prevention options outlined on www.HPVinfo.ca.
- Discuss with participants HPV and the importance of the Pap test.
- Ask participants to join their team and do some role playing to discuss the following topic: "How do you tell your partner that you have HPV?"

Example of an evaluation tool

Type of evaluation: formative (during lesson)

summative (carried out at the end of lesson)

Criteria

Level 1	50-59%
Level 2	60-69%
Level 3	70-79%
Level 4	80-100%

Knowledge and understanding

Level 1:	Demonstrates limited knowledge and understanding of HPV.
Level 2:	Demonstrates partial knowledge and understanding of HPV.
Level 3:	Demonstrates general knowledge and understanding of HPV.
Level 4:	Demonstrates deep knowledge and understanding of HPV.

Communication

Level 1:	Sharing of information and ideas on HPV is not very clear.
Level 2:	Sharing of information and ideas on HPV is somewhat clear.
Level 3:	Sharing of information and ideas on HPV is very clear and done with assurance.
Level 4:	Shared information and ideas on HPV in an oral presentation to the group / class.

